

Andhra Christian College, Guntur
Department of Botany

7.2.1 Medicinal Plants

No	Telugu/Commo n name	Scientific Name	Medicinal Use
1	Thanikaya	<i>Terminalia bellirica</i>	To protect liver and to treat respiratory tract infections, cough and sore throat.
2	Kalabanda	<i>Aloe vera</i>	For dry skin.
3	Tippa teega	<i>Tinospora cardifolia</i>	Used in the treatment of fever jaundice, asthma & skin disease etc.,
4	Punarnava	<i>Boerhaavia diffusa</i>	Anti-inflammation, jaundice, asthma, rheumatism,
5	Uttareni	<i>Achyranthus aspera</i>	Used in the treatment of boils, asthma, in facilitating delivery, snake bite, scorpion bite etc.,
6	Shatavari	<i>Asparagus racemosus</i>	Increases the production of prolactin, to treat PCOD, reduce symptoms of menopause.
7	Ranapaala	<i>Bryophyllum pinnatum</i>	For fever, smallpox, otitis, cough, asthma, headache, convulsion,
8	Bringaraj plant- Gunta galagara	<i>Eclipta prostrata</i>	To promote hair growth, to treat scorpion sting, bronchitis, fever, gastric and hepatic disorders etc.,
9	Insulin Plant	<i>Costus igneus</i>	It helps to lower glucose levels in type 2 diabetics.
10	Multi vitamin Plant	<i>Thavasi keerai</i>	For growth as well as increases calcium levels in the body.
11	Saraswathi aaku	<i>Bacopa monneri</i>	Improves memory
12	Kondapindiaaku	<i>Aerva lanata</i>	Diuretic with anti-inflammatory, anti-helminthic & anti-bacterial
13	Basil	<i>Ocimum basilicum</i>	Used for stomach spasms, intestinal gas, worm infections etc.,
14	Turmeric	<i>Curcuma longa</i>	Anticancer, antimicrobial, anti-inflammatory
15	Zinger	<i>Zingiber officinalis</i>	To treat arthritis, Cold, Flu.
16	Lip stick tree	<i>Bixa orellana</i>	Antipyretic, antidiabetic, insect repellent
17	Seema avise	<i>Senna alata</i>	Treatment of scabies & eczema,
18	Vishnukrantha	<i>Evolvulus alsinoides</i>	Brain tonic, febrifuge, vermifuge. anti-inflammatory
19	Sarpagandhi	<i>Rauwolfia serpentina</i>	To treat high blood pressure

20	Neem	<i>Azadirachta indica</i>	Antifungal, antibacterial
21	Lemon grass	<i>Cymbopogon citratus</i>	Traditionally used as pain killer and fever reducer
22	Podapatri	<i>Gymnema sylvestre</i>	Used in the treatment of obesity, diabetes, high cholesterol
23	Mugwort	<i>Artemisia abisinthium</i>	Antifungal, insecticidal, antimalarial
24	Aswagandha	<i>Withania somnifera</i>	Aphrodisiac and Stress release
25	Vasaka	<i>Adathoda varica</i>	Whooping cough, fever, asthma, jaundice, bronchitis and diarrhea.
26	Leadwort/Doctor bush /Chitrak	<i>Plumbago zeylanica</i>	Anti-atherogenic, cardiotoxic, hepatitis and Nervous problems.
27	Saraswathi leaf	<i>Centella asiatica</i>	Wound healing, skin diseases fever, amenorrhea and improves memory
28	Rela	<i>Cassia fistula</i>	Healing of wounds , gastrointestinal illness.
29	Mulhatti/ Liquorice	<i>Glycyrrhiza glabra</i>	Epilepsy, paralysis, ulcers, rheumatism, and jaundice.
30	Red ivy	<i>Hemigraphis alternata</i>	For excessive menstruation, skin complaints and gallstones.
31	Pan/Tamalapaku	<i>Betel leaf</i>	Headaches, anticancer healing wounds, gastric ulcers, and diabetes,
32	Sadapaku	<i>Ruta graveolus</i>	For inflammatory, eczema, ulcers and arthritis.
33	Davanam	Rose mary	Antimicrobial, anti-inflammatory, anti-oxidant & anti-tumorigenic.
34	Vavili	<i>Vitex nigundo</i>	For cough, diarrhoea & diuretic.

7.2.1 Medicinal plants





pedda usiri



Neem



Neredu



Sugar plant

Bryophyllum



lemon grass



Mentha



tulasi





Writia tinctoria



Tuja